

For anyone considering lumbar spine neurosurgery, I want to offer my experience as proof that Dr. Ty and his staff at Chapman medical center are worthy of your complete trust.

The surgical process itself and the recovery was - in all honesty - not that big of a deal. My sciatica was off the charts; 10 out of 10 on the pain scale. I was completely disabled by devastating nerve pain and weakness in my legs, primarily the left. At times my situation felt hopeless; stemming from two bulging disks and four millimeters of stenosis. I was completely crippled, and had to make pain management with 103 to 105 degree hot tub, hot/cold water immersion and medication my number one priority - just to keep me out of the emergency room.

My background is outdoor sports, been my lifestyle for over 30 years. So you can imagine how humbling it was to succumb to degenerative lumbar arthritis at age 52. Dr. Ty and his staff at Chapman medical center saved my life, fixed and strengthened my lumbar with state of the art lo-invasive methods - and gave me back the mobility so crucial to normal life functioning. My sciatica was gone - 100% gone right after surgery. Amazing, what a profound relief.

Am now fully recovered from surgery less than two months after the operation. Fact is, I was in the pool doing gentle movement exercise and soaking in the hot tub less than one week post surgery. That's how good Dr Ty. is, one of the best anywhere in the world. No doubt. He fully understood the problem, the severity of the pain I was in, scheduling me only two weeks from my consultation with him.

My advice - don't let serious sciatica ruin your life and don't trust your lumbar spine to anyone but the best. Go ahead, shop around - get all the opinions you like. You will never find anyone better than Dr Ty and the excellent staff at Chapman medical center.

Ray O.